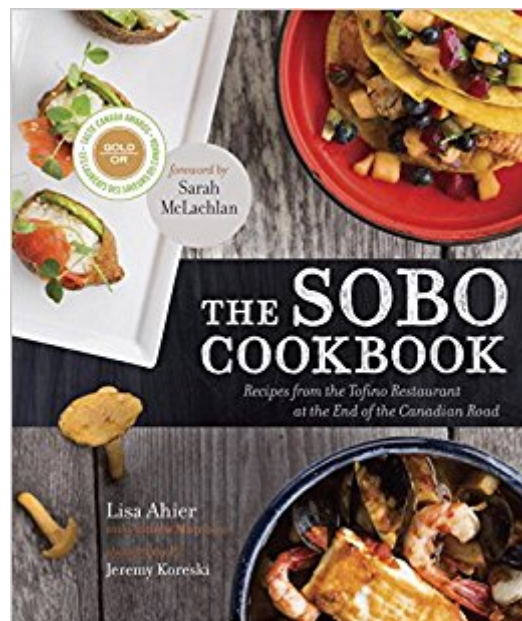


The book was found

The Sobo Cookbook: Recipes From The Tofino Restaurant At The End Of The Canadian Road



Synopsis

Sobo (Sophisticated Bohemian) started out in 2003 as a purple food truck in the parking lot behind a surf shop, way before food trucks were cool. Despite its remoteness, it attracted rave reviews from food media across North America, with the likes of *Saveur* magazine calling it: "perhaps the most exciting lunch stand in North America". The back of the staff's t-shirts read: "Quite possibly the second best thing you can do in a parking lot"--and that same fun, authentic West Coast vibe weaves throughout the stories and recipes in this book. Sobo has since become a destination restaurant, having outgrown its food truck beginnings, with visitors making the pilgrimage to the west coast of Vancouver Island just to taste chef Lisa Ahier's cooking--which is, to use Tofino slang, simply "killer". The restaurant's menu focuses on locally-sourced, seasonally-inspired ingredients from family-owned producers. The dishes are shaped by Lisa's Tex Mex and Southwestern culinary roots, and her experience gained across several US states, including her stint as executive chef of Cibolo Creek Ranch in Texas. The Sobo Cookbook includes over 100 of the restaurant's all-time favourite recipes--recipes that have fed surfers, hungry locals, curious visitors and die-hard foodies alike.

Book Information

Paperback: 288 pages

Publisher: Appetite by Random House (May 13, 2014)

Language: English

ISBN-10: 0449015858

ISBN-13: 978-0449015858

Product Dimensions: 8.3 x 0.7 x 9.8 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 6 customer reviews

Best Sellers Rank: #1,232,981 in Books (See Top 100 in Books) #91 in Books > Cookbooks, Food & Wine > Regional & International > Canadian #139 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Northwest #415 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood

Customer Reviews

Praise for Sobo: "Sobo lives up to its name attracting a blend of surfers, ecotourists and locals enjoying CIA grad Lisa's flavorful take on Vancouver Island ingredients."--*Gourmet* "I could eat there every day"--*Vancouver Sun* "Lisa is one of Canada's top chefs...Her food is adventurous, street

smart, dripping with freshness, local character and drop dead top of the line flavor."--Calgary Herald

LISA AHIER was born in Texas and studied at the Culinary Institute of America in New York. After working in kitchens at sea and across several states, she started the Sobo food truck in 2003 with her husband, Artie; Sobo moved to its current location in 2007. Lisa lives in Tofino, B.C. ANDREW MORRISON is the editor-in-chief of Scout Magazine and editor of the award-winning Vancouver Cooks Cookbook. Andrew lives in Vancouver, B.C.

Great recipes and insight into their origin and development. Having just returned from a trip to Tofino this is a perfect momento.

The food at the restaurant that inspired the cook book is amazing. It's in Tofino on Vancouver Island

enjoying this cookbook

Good, but I was expecting great

Great cookbook!

We purchased 2 copies with personal author inscriptions. This is easily the best restaurant in Tofino, and probably as good or better than any of the stylish, hyped-up restaurants in British Columbia. The recipes range from vegan to awesome pescatarian, and they are all outstanding. We tried about 6 different dishes at the restaurant. You want to have access to fresh seafood to make the most of this cookbook - my location in St. Louis is marginal at best, but I will try! On top of it all, Lisa is actually from Kansas City, so maybe there is hope for us fly-over types to land a fun career in the Pacific Northwest.

[Download to continue reading...](#)

The Sobo Cookbook: Recipes from the Tofino Restaurant at the End of the Canadian Road
Mug Recipes Cookbook : 50 Most Delicious of Mug Recipes (Mug Recipes, Mug Recipes Cookbook, Mug Cookbook, Mug Cakes, Mug Cakes Cookbook, Mug Meals, Mug Cookbook) (Easy Recipes Cookbook 1)
Easy Asian Cookbook Box Set: Easy Korean Cookbook, Easy Filipino Cookbook, Easy Thai Cookbook, Easy Indonesian Cookbook, Easy Vietnamese Cookbook (Korean ... Recipes, Asian Recipes, Asian Cookbook 1)
Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron

Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ...
 Recipes (Easy Recipes Cookbook Book 2) Italian Cookbook of Famous Pizza Restaurant Recipes:
 Over 31 of Their TOP SECRET Recipes for Sauces, Crusts, Appetizers and Desserts (Restaurant
 Recipes and Copycat Cookbooks) Easy European Cookbook Box Set: Easy English Cookbook,
 Easy Greek Cookbook, Easy French Cookbook, Easy Irish Cookbook, Easy German Cookbook,
 Easy Portuguese ... Portuguese Recipes, Irish Recipes 1) Easy Spring Roll Cookbook: 50 Delicious
 Spring Roll and Egg Roll Recipes (Spring Roll Recipes, Spring Roll Cookbook, Egg Roll Recipes,
 Egg Roll Cookbook, Asian Recipes, Asian Cookbook Book 1) The Zuni Cafe Cookbook: A
 Compendium of Recipes and Cooking Lessons from San Francisco's Beloved Restaurant: A
 Compendium of Recipes and Cooking Lessons from San Francisco's Beloved Restaurant Crock
 Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals
 Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Cookbook) The Wild Side
 Guide to Vancouver Island's Pacific Rim, Revised Second Edition: Long Beach, Tofino, Ucluelet,
 Port Alberni, Nitinat & Bamfield Tofino Guide Instant Pot Cookbook: 500 Instant Pot Recipes
 Cookbook for Smart People (Instant Pot, Instant Pot Recipes, Instant Pot Recipes Cookbook,
 Instant Pot Electric Pressure Cooker Cookbook) Delicious Crockpot Recipes: A Full Color Crockpot
 Cookbook for your Slow Cooker (Crockpot;Crockpot Recipes;Slow Cooker;Slow Cooker
 Recipes;Crockpot Cookbook;Slow ... Cookbook;Crock Pot;Crock Pot Recipes;Cro 1) Slow Cooker
 Recipes: 2,000 Delicious Slow Cooker Recipes Cookbook (Slow Cooker Recipes, Slow Cooker
 Cookbook, Slow Cooker Chicken Recipes, Slow Cooker Soup Recipes) CAKE COOKBOOK: The
 Top 100 Cake Recipes: cake recipes, cake cookbook, cake, cake recipe, cake recipe book,
 delicious cake recipes (cake recipes, cake ... cake recipe book, delicious cake recipes) The Laura
 Secord Canadian Cook Book (Classic Canadian Cookbook) The Great Canadian Cookbook: A
 Celebration of Great Canadian Cooking Camping Cookbook: Camping Recipes Made Easy: 50
 Recipes! Featuring Foil Packet Recipes, Dutch Oven Recipes, Campfire Grilling Recipes, and
 Campfire Cooking Recipes Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for
 Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot
 Cookbook, ... Low Carb) (Cookbook delicious recipes 1) Air Fryer Cookbook: The World's
 No. 1 Low Fat Fryer, The Ultimate Healthy Delicious Recipes Cookbook (clean eating, healthy
 cookbook, air fryer recipes cookbook,)

[Contact Us](#)

DMCA

Privacy

FAQ & Help